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# CLIMB & GLIDE EISENERZ

**MIDDLE EUROPE'S BIGGEST ACTIVE MINING AREA AND ONE OF THE MOST CHALLENGING MOUNTAINS OF THE EISENERZ ALPS MELT TO A SPECTACULAR AND UNIQUE CHALLENGE FOR EVERY CLIMBING, HIKING AND PARAGLIDING FAN!**

Climb & Glide Eisenerz might as well count as the big brother of a classic triathlon: After starting the race in the festival area on the Erzberg, contestants first have to complete a roughly 8km long trail run before heading onto Kaiserschild via ferrata. As for the latter, the attested official level of difficulty is D to E, thus being in an excellent physical and mental condition is vital to successfully pass this via ferrata. Once contestants have reached the checkpoint on the Kaiserschild summit, more than 2.000 meters above sea level, there is not much time to loose before unpacking their paraglider and making their way back to the valley. On the last four kilometers they have to prove endurance again while running back to the finish line in the festival area.

**PARTICIPANTS CAN CHOOSE ONE OF THE FOLLOWING OPTIONS**

## SINGLE contestants

Your goal is to complete all disciplines of Climb & Glide Eisenerz on your own, as a single contestant.

You can decide between:

Ultimate Climb (Run/**Climb**/Fly/Run)

Comfort Hike (Run/**Hike**/Fly/Run)

## TEAM contestants

Your goal is to complete Climb & Glide Eisenerz as a team of two people.

**Contestant 1** completes the first two parts of Climb & Glide Eisenerz (8km trail run, via ferrata or hiking trail).

**Contestant 2** completes the second two parts of Climb & Glide Eisenerz (paragliding flight, 4km trail run).

You can decide between:  
Ultimate Climb (Run/**Climb**/Fly/Run)  
Comfort Hike (Run/**Hike**/Fly/Run)

## PARTICIPATION CRITERIA & LIMITATIONS

### Minimum Age

Contestants must be at least 18 years old on the day of the race (born 2001 and older).

### Limitations

There is a limitation of contestants to 150 athletes.

The "Kaiserschild" is high alpine terrain with at times gravelly, relatively steep ground. As it might be necessary to perform a backward start, it is vital that all contestants are capable of exercising this technique, if needed. The flight itself leads through a fairly narrow rocky gorge. The landing spot is situated in a narrow valley. Thus, locally high wind velocity and turbulences during the landing procedure cannot be excluded. Overall, the competition is predestined for experienced athletes who feel comfortable and safe in the handling of their equipment.

### Licenses & Insurance

Contestants must be in possession of the required licenses, equipment and insurances:

- Valid license for cross country flights
- Certified paraglider with insurance coverage according to Austrian standards
- Helmet, second chance and harness protector is mandatory

### Paragliding equipment

Each pilot needs to carry the following basic equipment throughout the whole competition:

- Paraglider
- Harness with included protector
- Helmet
- Second chance
- Mobile phone

The equipment needs to be registered in the course of the online registration process and must not be changed without giving notice to the organization committee.

### Paragliders

Only EN- and LTF-certified paragliders are admitted to the competition (max. EN D and LTF 2-3). Gliders must be flown within the attested weight range, the pilot must ensure that there is a valid license (accelerator way, trim, carrying strap) and that the license is registered before July 15th (i.e. the information must be published on the respective website of the licensing center).

### Second chance

Each contestant needs to carry a well operating rescue system (second chance) as part of his/her equipment.

### Harness

Only LTF-certified harnesses are admitted to the competition. The harness must be equipped with its original protector. An EN-certification is not sufficient, thus, harnesses with this certification will not be admitted to the competition.

### Climbing/Hiking equipment

The basic equipment for the via ferrata is a helmet, harness and shock absorber. Harness and shock absorber must not be older than maximum six years and must have a valid UIAA license.

**Beware:** Special lightweight or glacier harnesses will not be admitted to the competition.

## SCHEDULE

### Arrival and parking

Address for your navigation system:

Freiheitsplatz 1, A-8790 Eisenerz

From there signs will guide you to the parking space near the festival area.

There is a **free parking area** in immediate proximity to the festival area. From there follow the signs to the festival area (approx. 5-10 mins walk).

Please be early and plan enough time to park, pick up your race number and goodies and get ready for the competition.

**Beware:** Participation at the briefing ahead of the competition is mandatory. If you miss the briefing, you will not be admitted to the competition.

### Registration

You can collect your race number to the following dates and during the following times:

20th of July 2019 from 4:00 to 8:00 pm

21st of July 2019 from 2:00 to 7:00 am

The registration office is located in the big white tent, in the middle of the festival area.

To be safe: You will receive an E-Mail a few days before the competition with all necessary information including a map of the festival area.

**Please note that we can only hand out your race number upon presenting the following documents to the crew:**

- Copy of a valid identity document (driving license, passport)
- Copy of your registration confirmation
- Signed terms of participation

### Briefing & equipment check

Weighing of athletes and check of equipment as well as a briefing about the course, security information and weather forecasts will take place before the competition in the big white tent, in the middle of the festival area. The briefing is mandatory and a necessary prerequisite for being admitted to the competition.

**Potentially unfavorable weather forecasts will be published on the website [www.erzbergsport.at/climb-glide](http://www.erzbergsport.at/climb-glide) on the day before the event (20th of July 2019) until 12:30 pm.**

### Weighing & equipment check for team contestants

Pilots: 05:30 to 06:30 am

Climbers/hikers: 06:30 to 07:30 am

### Weighing & equipment check for single contestants

06:30 to 07:30 am

### Start/Start time

The start area is located directly in front of the big white tent, in the middle of the festival area.

## Start for team contestants

Pilots: 06:30 am

(There is a free shuttle, which brings you to the beginning of the hiking trail. From there our crew members from the local paragliding school will escort you to the summit.)

Climbers/Hikers: approx. 08:15 am

## Start for single contestants

07:30 am

## Finish/End of the competition

The finish area is located directly in the middle of the festival area.

The official end of the competition is 2:30 pm. By this time the competition will be closed for all participants. Participants who will still be on the course will have to make their way back to the beginning of the hiking trail. Our crew members will come to pick you up from there.

## ALTERNATIVE ROUTE/CANCELLATION OF THE EVENT

In case of unfavorable weather conditions at the "Kaiserschild", an alternative route that leads to "Donnersalpe" will be chosen. In case of intolerable weather conditions the competition will be cancelled. This decision lies with the organization committee. Contestants who are already on the course by the time the decision to cancel the event is made will be informed via SMS.

## PRICE OVERVIEW

### Single contestants (Ultimate Climb & Comfort Hike)

Until 31st of March 2019 - € 60,-

Until 14th of July 2019 - € 65,-

On race day (provided that there are still free spots available) - € 70,-

### Team contestants (Ultimate Climb & Comfort Hike)

Until 31st of March 2019 - € 110,-

Until 14th of July 2019 - € 120,-

On race day (provided that there are still free spots available) - € 140,-

## THAT IS INCLUDED IN YOUR STARTER PACKAGE

- Free parking
- Race number
- Professional equipment check & control tags
- Professional and personal security briefing
- Free luggage drop-off
- Luggage tag with your race number
- 3-4 refreshment stops along the course with a selection of drinks and snacks
- Shuttle service for team contestants and in case of termination by the contestant (to/from the beginning of the hiking trail to the finish area)
- High-quality finisher medal
- Festive winners' ceremony
- Unique winner's trophy for all winners in the aforementioned categories
- Party tent with music, good food and drinks as well as a show program
- Voucher brochure (Voucher for a € 4,00 discount on Pasta included!)
- Goodie bag stuffed with a variety of valuable products from our partners

